

Note values

Whole note (Toe)
○ = 4 beats

Half note (Too)
d = 2 beats

Quarter note (-Ta)
♪ = 1 beat

Eighth note (ti)
♪ = 1/2 beat

Rest values

Whole rest
■ = 4

Half rest
■ = 2

Quarter rest - sh
z = 1 beat

Eighth rest
7 = 1/2

Rhythm Math:

$$d + d = 3$$

$$o + d = 6$$

$$\blacksquare + \blacksquare = 4$$

$$\text{♪} + \text{♪} + z = 2$$

$$\blacksquare + d = 5$$

$$d + d + z = 4$$

$$z + d + d = 4$$